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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

Theme:
Participation




[Ali Pottinger](#)
Co-authored by Ali Pottinger


Runner Ali Pottinger commissioned a survey of female runners to ask what they view as barriers to the sport, and what they think the gold standard for events is to create equitable outcomes for women.


This infographic shares the results of the survey, detailing factors that encourage and hinder participation for women at running events.

Infographic

- [Female Running Events - Info Graphic.pdf 1.1MB PDF](#)


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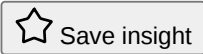
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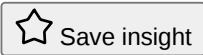
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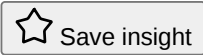
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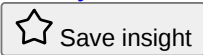
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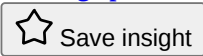
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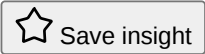
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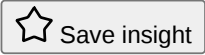
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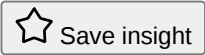
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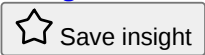
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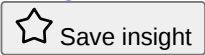
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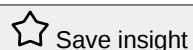
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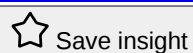
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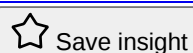
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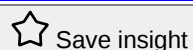


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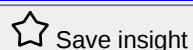
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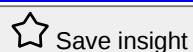
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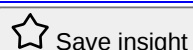
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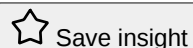
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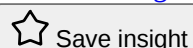
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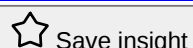


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By Cheycoda Cocks - Sport Manawatu

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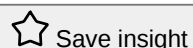


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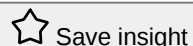


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By Jenna Murie - Netball New Zealand

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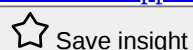


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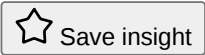
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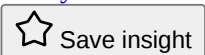
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[Manawatū Cricket Association case study](#)



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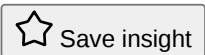
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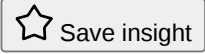
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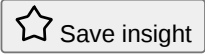
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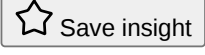
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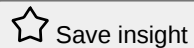
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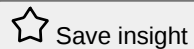
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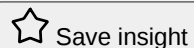
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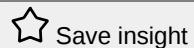
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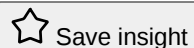
["Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes](#)



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"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

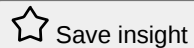
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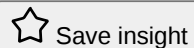
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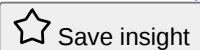
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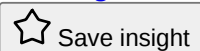
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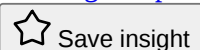
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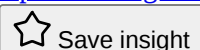
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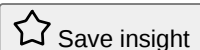
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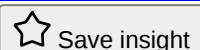
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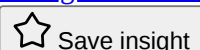
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By Rachel Howells - Sport New Zealand

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By Rachel Howells - Sport New Zealand

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