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Angel City Equity House Podcast: Myth Busters presented by Gatorade

Theme: Participation

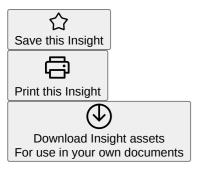
Angel City Equity House Podcast: Myth Busters presented by Gatorade

Co-authored by Angel City FC

Angel City Equity House: Myth Busters presented by Gatorade

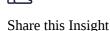
Dive into the world of sports science and bust myths surrounding women in sports with Gatorade and Angel City FC. In this conversation, ESPN commentator and Chicago Red Stars minority owner Sarah Spain sits down with Dr. Nicole LaVoi, Director at the Tucker Center for Research on Girls and Women In Sport, to discover how fostering an empowering atmosphere on the field fuels growth, learning, and the pure joy of the game.

View the Video here: Angel City Equity House: Myth Busters presented by Gatorade - YouTube



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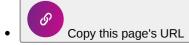
















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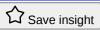
The rise of women's football in New Zealand



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The rise of women's football in New Zealand

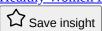
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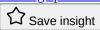
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Healthy Women in Performance Sport

Making sport inclusive: Free period products in clubs - report

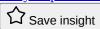


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Making sport inclusive: Free period products in clubs - report

By Emma Evans - Sport New Zealand

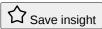
Rally Report 2024



Participation

Rally Report 2024

By Canadian Women & Sport - Canadian Women & Sport Women in Trail Running - Aotearoa 2015-24



Participation

Women in Trail Running - Aotearoa 2015-24

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week



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Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

<u>UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports</u>



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UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

Adventures doing a POWA of good

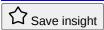


Participation

Adventures doing a POWA of good

By Angela Walker - LockerRoom

<u>Is Paris 2024 really achieving its goals for gender equality?</u>



Participation

Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



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New legislation for gender identity and sex characteristics in Queensland sport

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Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

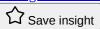
<u>Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football</u>



Participation

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

Change in Action Week - Innovative Impact FINALIST - Active Wahine



Participation

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

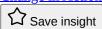
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



Participation

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

<u> Change in Action Week - Rangatahi FINALIST - Sylvia Brunt</u>



Participation

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

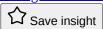
Change in Action Week - Innovative Impact FINALIST - Wahine Toa



Participation

Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

Change in Action Week - Rangatahi Winner - Carmel College



Participation

Change in Action Week - Rangatahi Winner - Carmel College

ADIDAS BREAKING BARRIERS RESEARCH



ADIDAS BREAKING BARRIERS RESEARCH

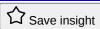
Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

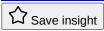


Participation

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

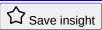
2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

2022 IWG: Christine Young - Integrity in HP Youth Sport

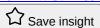
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



Participation

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



Participation

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport



2022 IWG: Kirsten Spencer - Sport as a social development tool

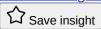
2022 IWG: Erin Hatton - Driving transformational change



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2022 IWG: Erin Hatton - Driving transformational change

<u>Understanding Period Poverty Infographic</u>



Participation

Understanding Period Poverty Infographic

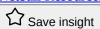
By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



Participation

Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme

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Netball Volunteer Programme

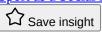
By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

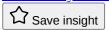


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Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

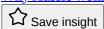
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

Why Aussie women's sport needs to talk about fertility



Participation

Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport

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She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



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Sport for Sustainable Development: Designing Effective Policies and Programmes

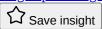
The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



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The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

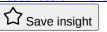
Huge uptick in girls and women playing football in New Zealand



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Huge uptick in girls and women playing football in New Zealand

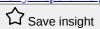
Resources on Male Allyship



Participation

Resources on Male Allyship

Rally Report Insights: Body Confidence



Participation

Rally Report Insights: Body Confidence

Rally Report Insights: Mental Health



Participation

Rally Report Insights: Mental Health

| What type of uniforms do women want to wear when they referee or umpire sport? |
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| What type of uniforms do women want to wear when they referee or umpire sport? |
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| By Rachel Howells - Sport New Zealand |
| <u>Creating safe environments for young women to be active their way</u> |
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| By Rachel Howells - Sport New Zealand For young women by young women - WORD girls-only programme |

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For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand
Not just for the "sporty", the Not-So-Sports-Club

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Participation

Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

Manawatū Cricket Association case study

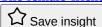
By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



Participation

Backyard Smash & Sista Smash

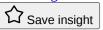
By Roxanna Holdworth - This is ME
The female-friendliness of New Zealand's tennis clubs



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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Removing Period Poverty As a Barrier to Participation

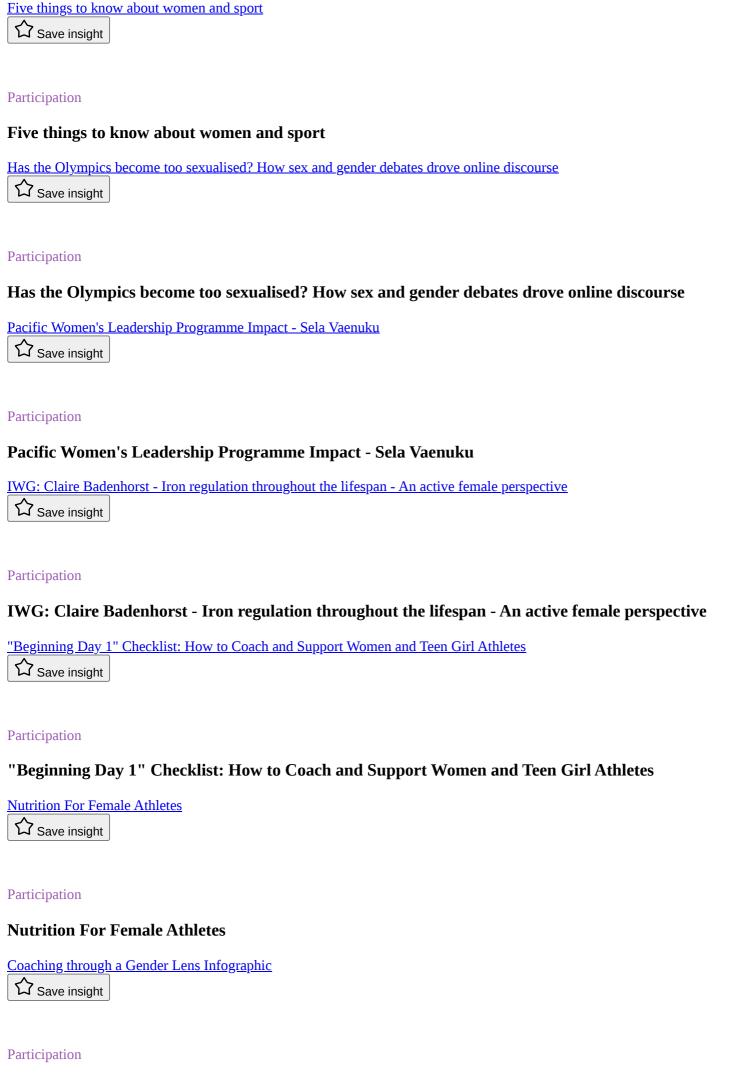
By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand

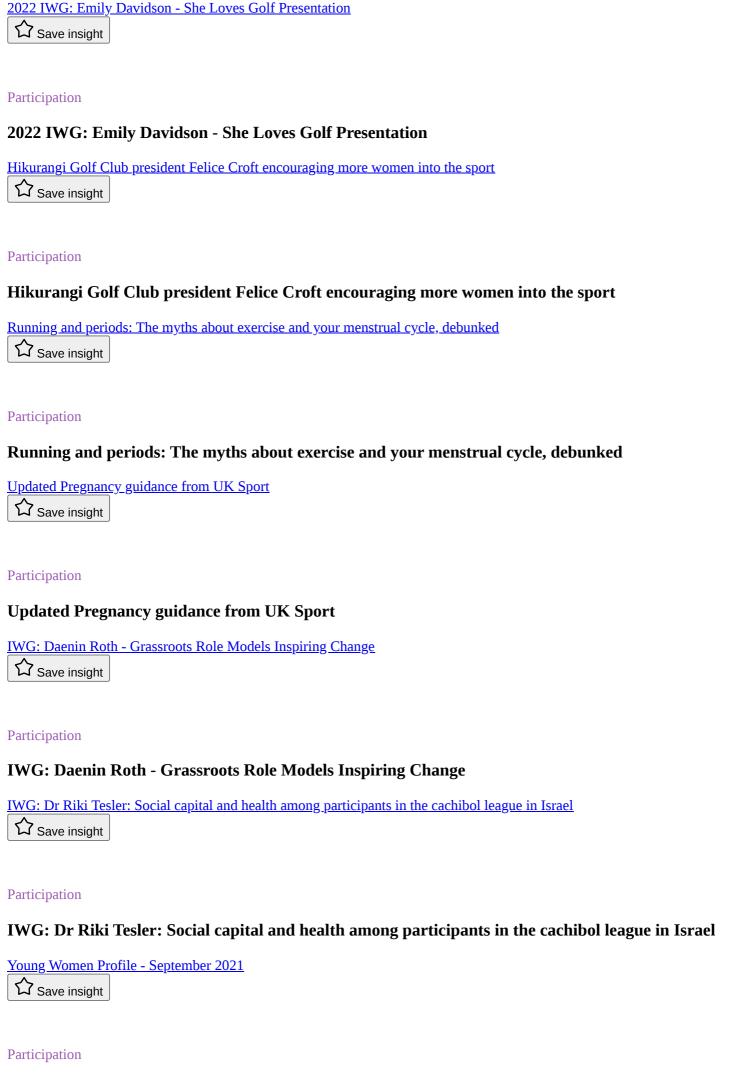


Participation

Te Awamutu AFC starts 2024 off strong with growing demand



Coaching through a Gender Lens Infographic



Young Women Profile - September 2021

| IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls Save insight |
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| New Zealand Football Performance & Prevention - Considerations for Female Athletes Save insight |
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| New Zealand Football Performance & Prevention - Considerations for Female Athletes |
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| IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill |
| Co-Designing Effective Programmes for Young Girls: Insights and Principles Save insight |
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| Co-Designing Effective Programmes for Young Girls: Insights and Principles |

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

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Participation

Participation

How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



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Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

Participation

Aktive Women & Girls Facility Guide

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

Save insight

Participation

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"



Participation

Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

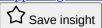
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



Participation

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



Participation

Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



Participation

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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