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Good Practice Guide - Increasing participation of Muslim women and girls

Theme: Participation

Good Practice Guide - Increasing participation of Muslim women and girls

Co-authored by Recreation NZ

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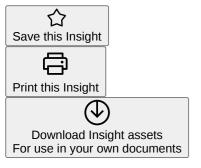
Introduction

This guide is intended to help improve the participation of Muslim women and girls (Muslimah) in outdoor activities. It describes strategies for outdoor centres, instructors, and leaders to improve religious and cultural sensitivity. It aims to create an inclusive environment that reduces or removes barriers to participation for Muslimah.

Why these guidelines were created

- To reduce the barriers to participation by Muslimah in outdoor activities, such as unintentional or unconscious bias, and address the potential for discriminatory behaviour.
- To increase cultural competency and awareness of outdoor operators and instructors in accommodating Muslimah in outdoor activities. To ensure Muslimah have their needs met.
- To reassure parents of Muslimah youth that religious and cultural accommodations can and are being made.
- To improve the physical and mental wellbeing of Muslimah while helping them to connect with the land where they live.
- To foster positive social interaction and collaboration among diverse groups.

Download the guide here.



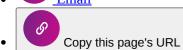
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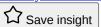
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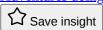
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Change in Action Week - Innovative Impact FINALIST - Active Wāhine



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Change in Action Week - Innovative Impact FINALIST - Active Wāhine

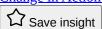
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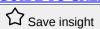
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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



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A 2024 SURVEY FOR: Women in Trail and Ultrarunning



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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

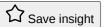
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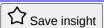
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2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

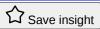
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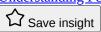
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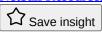
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Well Wāhine Week Case Study

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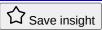
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Innovative approaches to encouraging women's participation in Golf

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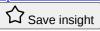
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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

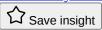


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Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme

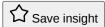


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Netball Player Development Programme

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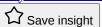
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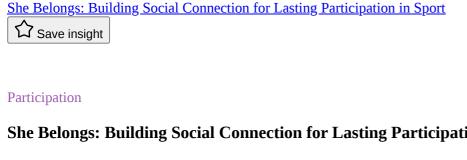
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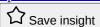
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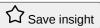
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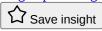
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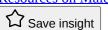
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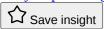
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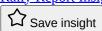
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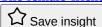
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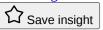
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The female-friendliness of New Zealand's tennis clubs



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The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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Removing Period Poverty As a Barrier to Participation

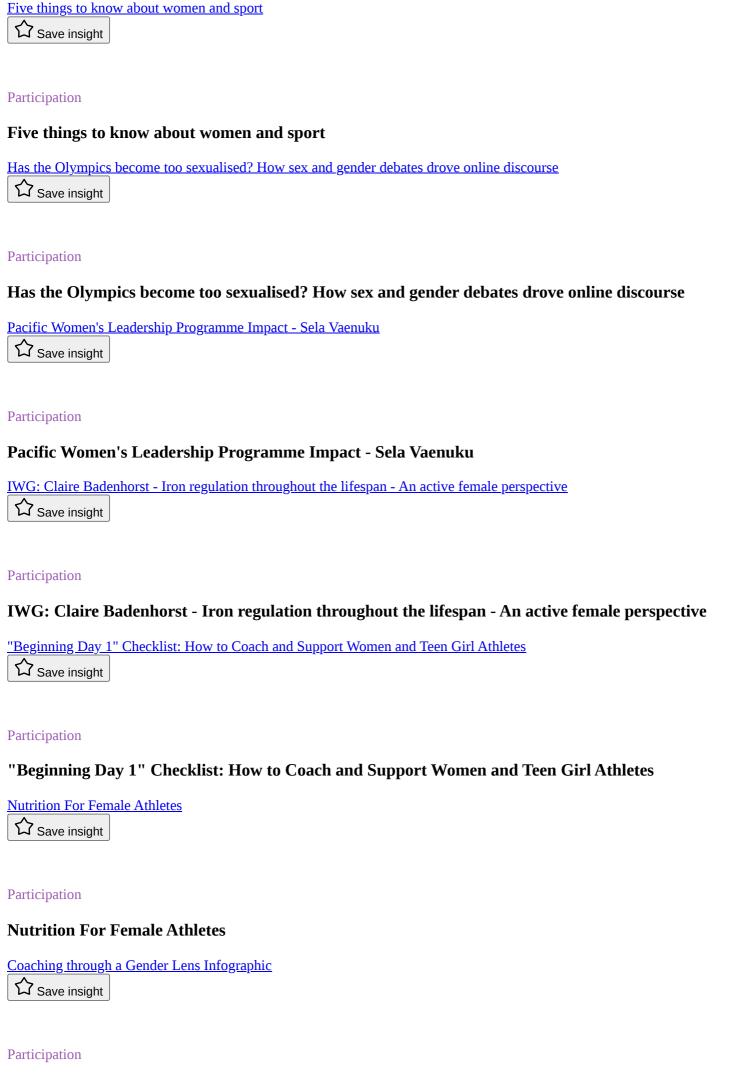
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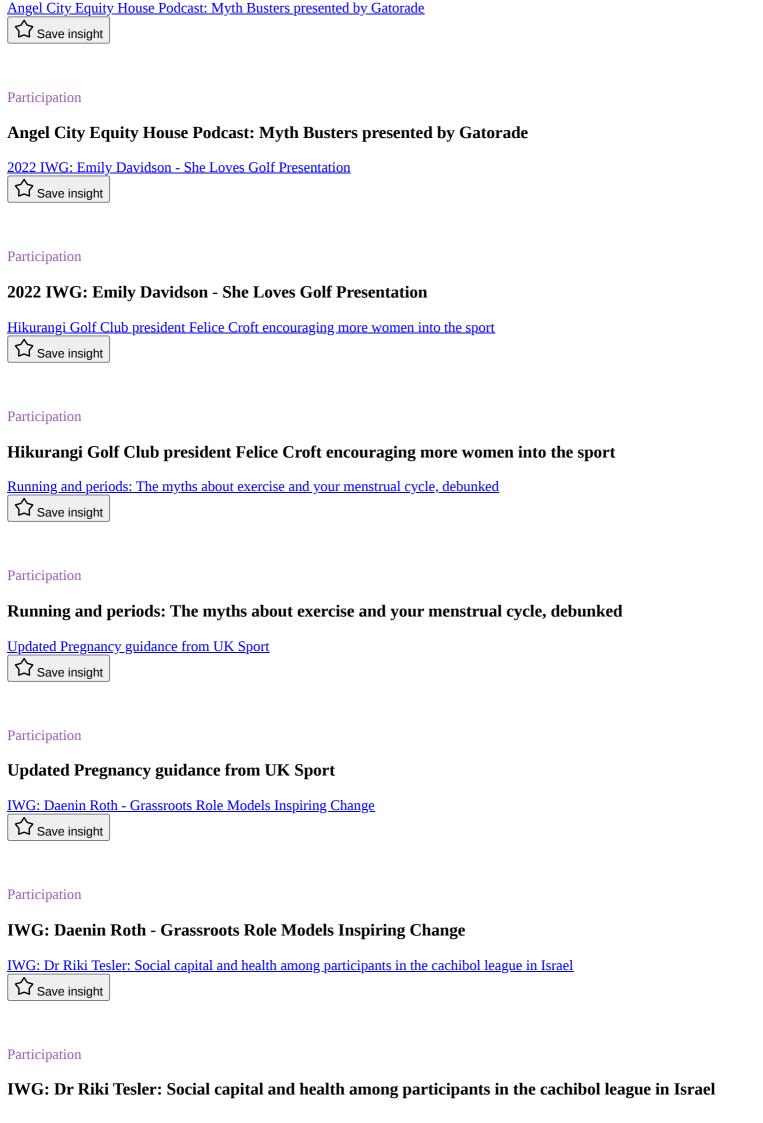


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Coaching through a Gender Lens Infographic



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Co-Designing Effective Programmes for Young Girls: Insights and Principles

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By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

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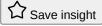


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How To Co-Design A Programme With Participants

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By Rachel Howells - Sport New Zealand

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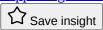
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



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