

Open search panel



Search

Search the Insight Hub...

Cancel

- [Insights](#)  
[Rangahau](#)
- [Events](#)  
[Hui](#)
- [Partnerships](#)  
[Rangapū](#)
- [Impact](#)  
[Whakaaweawe](#)
- About  
Mō Mātou
  - [Overview](#)
  - [History](#)
  - [Support](#)
-  [0](#)  
[Saved](#)

 [0](#) [Saved](#)

 EN

- [Sign in](#)
- [Submit](#) 

Toggle navigation

[Submit](#) 



# New legislation for gender identity and sex characteristics in Queensland sport

Theme:  
Participation

New legislation for gender identity and sex characteristics in Queensland sport

 [Victoria University Melbourne Australia](#)

[Victoria University Melbourne Australia](#)  
Co-authored by Queensland Government | Department of Tourism and Sport

## A recent amendment to the definition of 'gender identity' in the Anti Discrimination Act means sporting organisations can’t restrict individuals with variations in sex characteristics from participating in Queensland competitions.

The legislation took effect in April 2024, marking a progressive shift in protections for individuals with variations in sex characteristics, and the transgender and gender-diverse community.

Under the amended Anti-Discrimination Act 1991, the definition of 'gender identity' now recognises a person's internal and individual experience of gender, regardless of whether it aligns with the sex assigned at birth.


A new protected attribute, 'sex characteristics,' has also been introduced, offering specific protections for people with variations in sex characteristics, commonly referred to as intersex individuals.


Sporting organisations must consider how the changes affect eligibility and inclusion of athletes with variations in sex characteristics, especially concerning international federation competition rules.


Restricting participation of transgender and gender-diverse athletes based on reasonable considerations of strength, stamina, or physique remains unchanged under the Act. Sporting organisations are still permitted to enforce such restrictions if they are deemed reasonable for the specific activity.

Sporting organisations impacted by these changes should seek independent legal advice to navigate the current legislative landscape. Understanding how these amendments affect the conduct of competitions is crucial for ensuring compliance and maintaining fair and inclusive practices.

For further information, visit [Keeping Sport and Recreation Safe](#).

  
Save this Insight




  
Print this Insight


  
Download Insight assets  
For use in your own documents


### Was this Insight helpful?





Share this Insight

-  [Facebook](#)
-  [Twitter](#)
-  [Email](#)

-  Copy this page's URL

 Save this Insight

 Print this Insight

 Download Insight assets



[Email this Insight](#)

 Close 'Download Insight Assets' modal

## Download Insight assets


- [New legislation for gender identity and sex characteristics in Queensland sport.pdf](#)
- [awll.webp 90KB WEBP](#)

### Was this Insight useful?



## Similar Insights (86)


[Dame Noels: ‘A huge cost on my career and life](#)

 Save insight

Participation

### Dame Noels: ‘A huge cost on my career and life


[The rise of women’s football in New Zealand](#)

 Save insight

Participation

### The rise of women’s football in New Zealand


[Good Practice Guide - Increasing participation of Muslim women and girls](#)

 Save insight

Participation

### Good Practice Guide - Increasing participation of Muslim women and girls

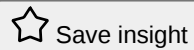
[Healthy Women in Performance Sport](#)

 Save insight

Participation

### Healthy Women in Performance Sport

[Making sport inclusive: Free period products in clubs - report](#)

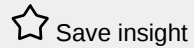


Participation

## **Making sport inclusive: Free period products in clubs - report**

By Emma Evans - Sport New Zealand

[Rally Report 2024](#)

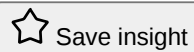


Participation

## **Rally Report 2024**

By Canadian Women & Sport - Canadian Women & Sport

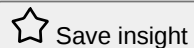
[Women in Trail Running - Aotearoa 2015-24](#)



Participation

## **Women in Trail Running - Aotearoa 2015-24**

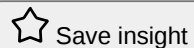
[Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week](#)



Participation

## **Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week**

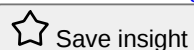
[UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports](#)



Participation

## **UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports**

[Adventures doing a POWA of good](#)

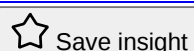


Participation

## **Adventures doing a POWA of good**

By Angela Walker - LockerRoom

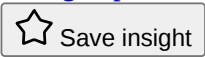
[Is Paris 2024 really achieving its goals for gender equality?](#)



Participation

Is Paris 2024 really achieving its goals for gender equality?

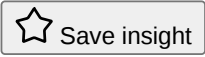
By Victoria University Melbourne Australia - Victoria University | Melbourne Australia  
[Strength, power and aerobic capacity of transgender athletes: a cross-sectional study](#)



Participation

Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

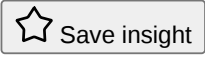
[Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football](#)



Participation

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

[Change in Action Week - Innovative Impact FINALIST - Active Wāhine](#)



Participation

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

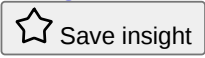
[Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy](#)



Participation

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

[Change in Action Week - Rangatahi FINALIST - Sylvia Brunt](#)



Participation

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

[Change in Action Week - Innovative Impact FINALIST - Wāhine Toa](#)



Participation

Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

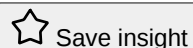
[Change in Action Week - Rangatahi Winner - Carmel College](#)



Participation

## Change in Action Week - Rangatahi Winner - Carmel College

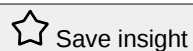
[ADIDAS BREAKING BARRIERS RESEARCH](#)



Participation

## ADIDAS BREAKING BARRIERS RESEARCH

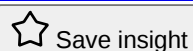
[Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition](#)



Participation

## Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

[GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN](#)

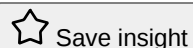


Participation

## GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

[A 2024 SURVEY FOR: Women in Trail and Ultrarunning](#)

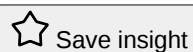


Participation

## A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

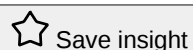
[2022 IWG: Christine Young - Integrity in HP Youth Sport](#)



Participation

## 2022 IWG: Christine Young - Integrity in HP Youth Sport

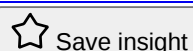
[2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton](#)



Participation

## 2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

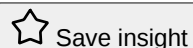
[2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport](#)



Participation

## 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport

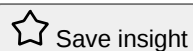
[2022 IWG: Kirsten Spencer - Sport as a social development tool](#)



Participation

## 2022 IWG: Kirsten Spencer - Sport as a social development tool

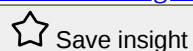
[2022 IWG: Erin Hatton - Driving transformational change](#)



Participation

## 2022 IWG: Erin Hatton - Driving transformational change

[Understanding Period Poverty Infographic](#)

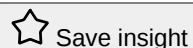


Participation

## Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu

[Well Wāhine Week Case Study](#)

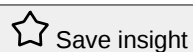


Participation

## Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairāwhiti

[Netball Resources for Clubs and School Administrators](#)

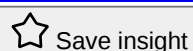


Participation

## Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand

[Girls Smash Modified Girls Only Cricket Programme](#)

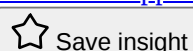


Participation

## Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket

[Innovative approaches to encouraging women's participation in Golf](#)





Participation

Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME

[Netball Volunteer Programme](#)



Participation

Netball Volunteer Programme

By Jenna Murie - Netball New Zealand

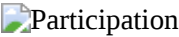
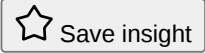
[Mind. Set. Engage. Rugby's mental wellbeing programme.](#)



Participation

Mind. Set. Engage. Rugby's mental wellbeing programme.

[Sport as a Social Development Tool](#)

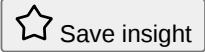


Participation

Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology

[Netball Player Development Programme](#)

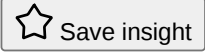


Participation

Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

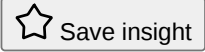
[COACHING GIRLS GUIDE: HOW TO GET \(AND KEEP\) GIRLS PLAYING](#)



Participation

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

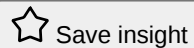
[Why Aussie women's sport needs to talk about fertility.](#)



Participation

Why Aussie women's sport needs to talk about fertility

[She Belongs: Building Social Connection for Lasting Participation in Sport](#)

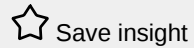


Participation

## **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport

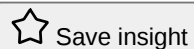
[Sport for Sustainable Development: Designing Effective Policies and Programmes](#)



Participation

## **Sport for Sustainable Development: Designing Effective Policies and Programmes**

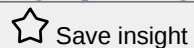
[The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport](#)



Participation

## **The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport**

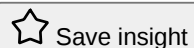
[Huge uptick in girls and women playing football in New Zealand](#)



Participation

## **Huge uptick in girls and women playing football in New Zealand**

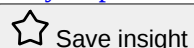
[Resources on Male Allyship](#)



Participation

## **Resources on Male Allyship**

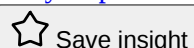
[Rally Report Insights: Body Confidence](#)



Participation

## **Rally Report Insights: Body Confidence**

[Rally Report Insights: Mental Health](#)



Participation

## **Rally Report Insights: Mental Health**

[What type of uniforms do women want to wear when they referee or umpire sport?](#)

☆ Save insight

Participation

**What type of uniforms do women want to wear when they referee or umpire sport?**

[Women & Padel: Start of a love story](#)

☆ Save insight

Participation

**Women & Padel: Start of a love story**

[Empowering young women to lead their experiences - Journeys Central Otago](#)

☆ Save insight

Participation

**Empowering young women to lead their experiences - Journeys Central Otago**

By Rachel Howells - Sport New Zealand

[Creating safe environments for young women to be active their way](#)

☆ Save insight

Participation

**Creating safe environments for young women to be active their way**

By Rachel Howells - Sport New Zealand

[Kōhine māia](#)

☆ Save insight

Participation

**Kōhine māia**

By Rachel Howells - Sport New Zealand

[Yeah! Girls Move - Cricket not the way you know it](#)

☆ Save insight



Participation

**Yeah! Girls Move - Cricket not the way you know it**

By Rachel Howells - Sport New Zealand

[For young women, by young women - WORD girls-only programme](#)

☆ Save insight

Participation

For young women, by young women - WORD girls-only programme

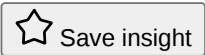
By Rachel Howells - Sport New Zealand  
[Not just for the "sporty", the Not-So-Sports-Club](#)



Participation

Not just for the "sporty", the Not-So-Sports-Club

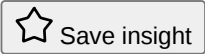
By Rachel Howells - Sport New Zealand  
[Manawatū Cricket Association case study](#)



Participation

Manawatū Cricket Association case study

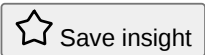
By Cheycoda Cocks - Sport Manawatu  
[Backyard Smash & Sista Smash](#)



Participation

Backyard Smash & Sista Smash

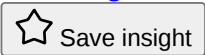
By Roxanna Holdworth - This is ME  
[The female-friendliness of New Zealand's tennis clubs](#)



Participation

The female-friendliness of New Zealand's tennis clubs

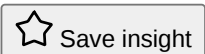
[Removing Period Poverty As a Barrier to Participation](#)



Participation

Removing Period Poverty As a Barrier to Participation

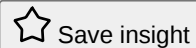
By Roxanna Holdworth - This is ME  
[Te Awamutu AFC starts 2024 off strong with growing demand](#)



Participation

Te Awamutu AFC starts 2024 off strong with growing demand

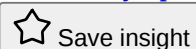
[Five things to know about women and sport](#)



Participation

## Five things to know about women and sport

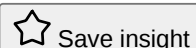
[Has the Olympics become too sexualised? How sex and gender debates drove online discourse](#)



Participation

## Has the Olympics become too sexualised? How sex and gender debates drove online discourse

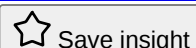
[Pacific Women's Leadership Programme Impact - Sela Vaenuku](#)



Participation

## Pacific Women's Leadership Programme Impact - Sela Vaenuku

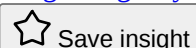
[IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective](#)



Participation

## IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

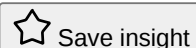
["Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes](#)



Participation

## "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

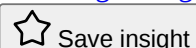
[Nutrition For Female Athletes](#)



Participation

## Nutrition For Female Athletes

[Coaching through a Gender Lens Infographic](#)



Participation

## Coaching through a Gender Lens Infographic

[Angel City Equity House Podcast: Myth Busters presented by Gatorade](#)

☆ Save insight

Participation

**Angel City Equity House Podcast: Myth Busters presented by Gatorade**

[2022 IWG: Emily Davidson - She Loves Golf Presentation](#)

☆ Save insight

Participation

**2022 IWG: Emily Davidson - She Loves Golf Presentation**

[Hikurangi Golf Club president Felice Croft encouraging more women into the sport](#)

☆ Save insight

Participation

**Hikurangi Golf Club president Felice Croft encouraging more women into the sport**

[Running and periods: The myths about exercise and your menstrual cycle, debunked](#)

☆ Save insight

Participation

**Running and periods: The myths about exercise and your menstrual cycle, debunked**

[Updated Pregnancy guidance from UK Sport](#)

☆ Save insight

Participation

**Updated Pregnancy guidance from UK Sport**

[IWG: Daenin Roth - Grassroots Role Models Inspiring Change](#)

☆ Save insight

Participation

**IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

[IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel](#)

☆ Save insight

Participation

**IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel**

[Young Women Profile - September 2021](#)

 Save insight

Participation

**Young Women Profile - September 2021**

[IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls](#)

 Save insight

Participation

**IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls**


[New Zealand Football Performance & Prevention - Considerations for Female Athletes](#)

 Save insight

Participation

**New Zealand Football Performance & Prevention - Considerations for Female Athletes**


[IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill](#)

 Save insight

Participation

**IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill**

[Co-Designing Effective Programmes for Young Girls: Insights and Principles](#)


 Save insight

Participation

**Co-Designing Effective Programmes for Young Girls: Insights and Principles**

By Briana iring - Aktive - Auckland Sport & Recreation

[How To Co-Design A Programme With Participants](#)

 Save insight


 Participation


Participation

**How To Co-Design A Programme With Participants**

By Briana iring - Aktive - Auckland Sport & Recreation

[Empowering Disengaged Girls Through A Participant-Centered Programme](#)

 Save insight

 Participation

Participation

# Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana irving - Aktive - Auckland Sport & Recreation

[Aktive Women & Girls Facility Guide](#)


 Save insight

 Women & Girls Facility Guide

Participation

## Aktive Women & Girls Facility Guide

[Insights to Young Women’s Participation - Webinar #1 "Rethinking the offering"](#)

 Save insight

Participation

## Insights to Young Women’s Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

[Insights to Young Women’s Participation - Webinar #2 "Empowering young women to lead their experiences"](#)


 Save insight

Participation

## Insights to Young Women’s Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

[IWG: Helen Parker - Transgender competitors in women’s sport - Change for the better?](#)

 Save insight

Participation

## IWG: Helen Parker - Transgender competitors in women’s sport - Change for the better?


[Supporting Disabled Teenage Girls to be Active](#)

 Save insight

Participation

## Supporting Disabled Teenage Girls to be Active

[400 Games: Melony O’Connor Reaches Refereeing Milestone in Sal’s NBL](#)

 Save insight

Participation

## 400 Games: Melony O’Connor Reaches Refereeing Milestone in Sal’s NBL

By Amy McClintock - Basketball New Zealand

[Insights to Young Women’s Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"](#)






Participation






Insights to Young Women’s Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

Our Partners

-  Sport NZ Sport NZ
-  NZ Foreign affairs and trade NZ Foreign affairs and trade
-  US Embassy NZ US Embassy NZ

[Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa](#)

-  [Facebook](#)
-  [Instagram](#)
-  [Linkedin](#)
-  [TikTok](#)
-  [YouTube](#)
- [Contact](#)
- [FAQs](#)
- [Privacy policy](#)
- [Terms of use](#)

© 2025 Women in Sport Aotearoa

Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.

Name:

Email:

[Subscribe](#) 



Close panel



Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First name:\*

Email:\*

Preferences

Select those that apply to you to help us customise your Insight Hub experience.

Insight Themes

- ☒ All

- ☒ Leadership
- ☒ Social Change
- ☒ Active Lives
- ☒ High Performance
- ☒ Visibility and Voice

**Insight Content Types**

- ☒ All
- ☒ Research
- ☒ Case studies
- ☒ News stories
- ☒ Toolkits

Subscribe now >