#### Skip to content





## **Performance Special Report: A Female Lens on Performance**

Theme: Voice & Visibility

Performance Special Report: A Female Lens on Performance

Co-authored by Leaders Performance Institute, Keiser

When it comes to untapped performance potential, female athletes and coaches often have the most to gain. And as we've tried to demonstrate across this Special Report, produced with the support of our partners at Keiser, there are significant strides being made towards those gains at various elite sports organisations across the world.

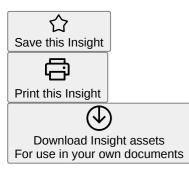
With contributions from practitioners in American soccer, at High Performance Sport New Zealand and England Rugby, as well as research from the Universities of Nottingham and Manitoba, this report identifies best-in-class work being done in the fields of S&C for female soccer players; maternity and motherhood in English rugby; coach development across New Zealand sport; and the injury risks posed by gendered environments.

Complete this form to access your free copy of A Female Lens on Performance and see for yourself how the performance ceiling for women athletes and coaches can be raised.

Download the report below or <u>click here</u> to visit the website.

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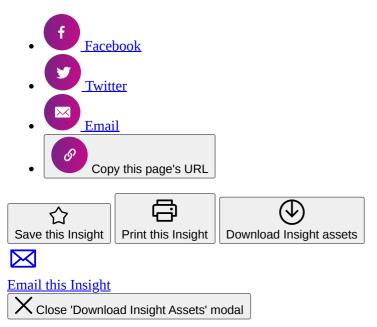


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☆ Save insight

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## Voice & Visibility

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## **Global Alliance for Female Athletes - resources and education**

NZ's key role in global breakthrough for women's sport

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By Suzanne McFadden - LockerRoom <u>Women in Sports Marketing Partnerships Across North America 2024-25</u> Save insight

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## Women in Sports Marketing Partnerships Across North America 2024-25

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Sport NZ-Isentia study of gender balance in sports news coverage - Paris Olympics and Paralympics

## Voice & Visibility

## Sport NZ-Isentia study of gender balance in sports news coverage - Paris Olympics and Paralympics

By Emma Evans - Sport New Zealand <u>The Future of Women's Sports: Insights from Industry Leaders</u> Save insight

#### Voice & Visibility

## The Future of Women's Sports: Insights from Industry Leaders

Women's Sports Foundation Showcases Title IX's Economic Impact In Washington, D.C. For National Girls & Women In Sports Day

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Dame Sophie Pascoe announces her Retirement from Competitive Swimming

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#### Voice & Visibility

## Dame Sophie Pascoe announces her Retirement from Competitive Swimming

Women's Sports Trust Report: Visibility Uncovered - 2024 - the year in review

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NZ Paralympic Winter Legends: Rachael Henderson (Née Battersby). ☆ Save insight

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## NZ Paralympic Winter Legends: Rachael Henderson (Née Battersby)

By Steve Landells - Paralympics New Zealand Zoi Sadowski-Synnott continues stunning form with snowboard World Cup win

#### Voice & Visibility

## Zoi Sadowski-Synnott continues stunning form with snowboard World Cup win

White Ferns star Amelia Kerr named ICC women's cricketer of the year for 2024

#### Voice & Visibility

## White Ferns star Amelia Kerr named ICC women's cricketer of the year for 2024

NZ's Zoi Sadowski-Synnott lands world's first triple cork in women's slopestyle

## Voice & Visibility

## NZ's Zoi Sadowski-Synnott lands world's first triple cork in women's slopestyle

<u>New Zealand shines at inaugural Kho Kho World Cup</u>

び Save insight

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IOC and UN Women to continue delivering gender equality agenda in and through sport

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GAME ON: BRIDGING THE INVESTMENT GAP IN WOMEN'S SPORTS

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Voice & Visibility

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## Camille's Para taekwondo ambition

By Steve Landells - Paralympics New Zealand Netball fans show the way

☆ Save insight

#### Voice & Visibility

## Netball fans show the way

<u>MU report outlines ways to improve women's sport coverage</u> ☆ Save insight

Voice & Visibility

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2025 Women's Sport Calendar (Worldwide)

↔ Save insight

Voice & Visibility

## 2025 Women's Sport Calendar (Worldwide)

Kiwi duo prosper at global Wheelchair rugby tournament - Paralympics New Zealand

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By Steve Landells - Paralympics New Zealand

New brand decision maker research from the Women's Sport Trust reveals women's sport sponsorship set for continued growth Save insight

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Paralympian swimmers Lili-Fox Mason and Gabriella Smith recognised with Paralympic Pin Presentation

い Save insight

Voice & Visibility

## Paralympian swimmers Lili-Fox Mason and Gabriella Smith recognised with Paralympic Pin Presentation

By Steve Landells - Paralympics New Zealand <u>Beautiful Data – Women-focused insight from the Paris 2024 Olympic Games</u> Save insight

## Voice & Visibility

## Beautiful Data – Women-focused insight from the Paris 2024 Olympic Games

## New Research Highlights Financial Realities of Professional Women Athletes

₩ Save insight

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Women's Sports Poised to Convert Buzz to Dollars, Study Says

☆ Save insight

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 $\frac{\text{NZ footballer leads fight against Fifa's fossil fuels}}{\text{Save insight}}$ 

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## NZ footballer leads fight against Fifa's fossil fuels

Podcast: The Business Case for Women's Sports

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New Zealand's Australian Rules sides ready for international action

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#### Champions: How the White Ferns stunned South Africa and the world

Save insight

#### Voice & Visibility

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Wollaston excited at future for kiwi female riders after world success

分 Save insight

#### Voice & Visibility

## Wollaston excited at future for kiwi female riders after world success

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## Voice & Visibility

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## WISPA Supporters Club - join now!

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By Merran Brockie-David - Women in Sport Aotearoa <u>Research Reveals Significant 'Fame Gap' in Women's Sport</u>

☆ Save insight

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Media and Gender Study: 2023 Annual Report

**い** Save insight

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☆ Save insight

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₩ Save insight

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Kiwi Women's America's Cup team sailing to win, but also for a future

#### Voice & Visibility

## Kiwi Women's America's Cup team sailing to win, but also for a future

Change in Action Week - Digital Innovation FINALIST - Ella Ferguson

#### Voice & Visibility

## Change in Action Week - Digital Innovation FINALIST - Ella Ferguson

Change in Action Week - Digital Innovation Winner - WomenzSports

#### Voice & Visibility

## Change in Action Week - Digital Innovation Winner - WomenzSports

Change in Action Week - Innovative Impact Winner - POWA First Steps

## Voice & Visibility

## Change in Action Week - Innovative Impact Winner - POWA First Steps

CBT at Falk College: Empowering Women, Creating Inclusive Environments

## Voice & Visibility

## **CBT at Falk College: Empowering Women, Creating Inclusive Environments**

Women in Sport 2024: Analysis of the Sport Value Chain - Media Broadcasting, Sponsorship and Deals Attendance

## Voice & Visibility

Women in Sport 2024: Analysis of the Sport Value Chain - Media Broadcasting, Sponsorship and Deals Attendance

The Growth of Women's Sports and Why It Matters for Youth Sport

### Voice & Visibility

## The Growth of Women's Sports and Why It Matters for Youth Sport

Change in Action Week 2024 Winners

### Voice & Visibility

## Change in Action Week 2024 Winners

Podcast: The Business case for woman's sport - Ep.#104 going for gold:

#### Voice & Visibility

## Podcast: The Business case for woman's sport - Ep.#104 going for gold:

Paris 2024: Athletes say work isn't over after Olympics reaches gender parity

#### Voice & Visibility

## Paris 2024: Athletes say work isn't over after Olympics reaches gender parity

Olympics 2024: Ranking every New Zealand athlete and their chances of a medal at the Games

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## **Olympics 2024: Ranking every New Zealand athlete and their chances of a medal at the Games**

 The Women in Sport Podcast - General Election Special: Tackling Heath Inequalities

 Save insight

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 Women in Sport Aotearoa's Change in Action Week

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By Merran Brockie-David - Women in Sport Aotearoa Sport NZ - Media and Gender Study - 4th Annual Report

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By Emma Evans - Sport New Zealand WISPA's Change in Action Week 2024

Voice & Visibility

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By Merran Brockie-David - Women in Sport Aotearoa <u>Sport Canterbury's Project Pink Dot</u> Save insight

#### Voice & Visibility

## Sport Canterbury's Project Pink Dot

By Rachel Harris - Sport Canterbury West Coast See it to be in it: Promoting women in sport

#### Voice & Visibility

#### See it to be in it: Promoting women in sport

By Merran Brockie-David - Women in Sport Aotearoa <u>Wine, Cheese, and Wāhine Initiatives - Nuku Ora</u> Save insight

#### Voice & Visibility

## Wine, Cheese, and Wāhine Initiatives - Nuku Ora

By Lily Joiner - Nuku Ora <u>Ali Pottinger - The future of trail running for women in Australasia</u>

## Voice & Visibility

## Ali Pottinger - The future of trail running for women in Australasia

By Ali Pottinger - Squadrun <u>WOMENZSPORTS presents Alice Soapbox: Mea Motu</u> Save insight

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By Dani Marshall - Womenzsports <u>WomenzSports presents Alice's soapbox: Emma Twigg (Rowing)</u> Save insight

Voice & Visibility

## WomenzSports presents Alice's soapbox: Emma Twigg (Rowing)

By Dani Marshall - Womenzsports <u>WomenzSports presents Alice's soapbox: Shiray Kaka (Rugby 7's)</u> Save insight

Voice & Visibility

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By Dani Marshall - Womenzsports <u>Fundraising for Women's Sports in New Zealand</u>

☆ Save insight

## Voice & Visibility

## Fundraising for Women's Sports in New Zealand

By Dani Marshall - Womenzsports <u>FIFA Women's World Cup Media & Gender Case Study 2023</u> Save insight

Voice & Visibility

## FIFA Women's World Cup Media & Gender Case Study 2023

By Emma Evans - Sport New Zealand <u>Change in Action - 1 Year on from IWG Webinar</u> Save insight

## Voice & Visibility

## Change in Action - 1 Year on from IWG Webinar

By Merran Brockie-David - Women in Sport Aotearoa <u>2022 IWG: Phil Clark - Using Research and Advocacy to Improve the Gender Balance of Sports Coverage</u> Save insight Equal pay commitments set for women's sport in NSW, lead by female advocates

☆ Save insight

#### Voice & Visibility

## Equal pay commitments set for women's sport in NSW, lead by female advocates

By Merran Brockie-David - Women in Sport Aotearoa Change Our Game State of Play Survey 2022-2023

Save insight

Voice & Visibility

## Change Our Game State of Play Survey 2022-2023

Voice & Visibility

## Findings report – The Value of You Can Be What You Can See

 Tātāwhāinga - Episode 7: The Role of Sports Media

 Save insight

#### Voice & Visibility

## Tātāwhāinga - Episode 7: The Role of Sports Media

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 6: Hosting Major Events</u> Save insight

## Voice & Visibility

## Tātāwhāinga - Episode 6: Hosting Major Events

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 5: Athletes: Humans or Commodities Part 2</u> Save insight

Voice & Visibility

## Tātāwhāinga - Episode 5: Athletes: Humans or Commodities Part 2

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 1: Welcome to Tātāwhāinga</u> Save insight

## Tātāwhāinga - Episode 1: Welcome to Tātāwhāinga

By Erin Roxburgh - Women in Sport Aotearoa <u>Podcast: The Business Case For Woman's Sports - Ep.#103 What parity and surveymonkey's research revealed about what</u> <u>international consumers think about woman's sports</u>

☆ Save insight

#### Voice & Visibility

## **Podcast:** The Business Case For Woman's Sports - Ep.#103 What parity and surveymonkey's research revealed about what international consumers think about woman's sports

We Hear Her Podcast: Nardi Leonard

☆ Save insight

Voice & Visibility

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Relational Leadership, Visibility & Voice

#### Voice & Visibility

## **Relational Leadership, Visibility & Voice**

By Kirsten Spencer - Auckland University of Technology <u>University of Otago Inclusive Language Guidelines</u>

☆ Save insight

#### Voice & Visibility

## **University of Otago Inclusive Language Guidelines**

## SASS Talk Podcast - Sevens sensation giving dance another fling

☆ Save insight

## Voice & Visibility

## SASS Talk Podcast - Sevens sensation giving dance another fling

How men can become better Allies to Women

☆ Save insight

## Voice & Visibility

## How men can become better Allies to Women

How to be a male ally to women's sport



## How to be a male ally to women's sport

The Halo of Value Creation Opportunities Around Women's Sports

分 Save insight

## Voice & Visibility

## The Halo of Value Creation Opportunities Around Women's Sports

Future Talent: Yasmeen Kareem

Save insight

💦 Yasmeen Kareem

Voice & Visibility

## Future Talent: Yasmeen Kareem

By Vincent Jones - Edged and Gone <u>IWG: Moonira Ramathula Moonira - Visibility and Voice</u> Save insight

Voice & Visibility

## IWG: Moonira Ramathula Moonira - Visibility and Voice

IWG: Adele Pavlidis - What has sex and gender got to do with it? Exploring tensions and assumptions for elite strength and conditioning coaches

Save insight

## Voice & Visibility

# IWG: Adele Pavlidis - What has sex and gender got to do with it? Exploring tensions and assumptions for elite strength and conditioning coaches

Strategies To Elevate And Diversify Women's Sports Coverage: Insights From The Gist

Voice & Visibility

## Strategies To Elevate And Diversify Women's Sports Coverage: Insights From The Gist

Wellington and Graham sign with Brave for Super Smash

Save insight

## Voice & Visibility

## Wellington and Graham sign with Brave for Super Smash

By Vincent Jones - Edged and Gone <u>IWG: Moonira Ramathula - Growing Professional Women's Rugby in Africa</u>

G Save insight

Voice & Visibility

## IWG: Moonira Ramathula - Growing Professional Women's Rugby in Africa

Latest research from Women's Sport Trust delves into visibility and fandom of women's sport in 2023

Voice & Visibility

## Latest research from Women's Sport Trust delves into visibility and fandom of women's sport in 2023

Future Talent: Paige Loggenberg

없 Save insight

Voice & Visibility

Voice & Visibility

## **Future Talent: Paige Loggenberg**

By Vincent Jones - Edged and Gone <u>New Women's Sport Trust Partnership With The R&A Reveals Women's Sports Fans Feel Underserved Despite Record-Breaking</u> <u>Viewing Figures</u>

分 Save insight

#### Voice & Visibility

New Women's Sport Trust Partnership With The R&A Reveals Women's Sports Fans Feel Underserved Despite Record-Breaking Viewing Figures

She's Got Game

Voice & Visibility

She's Got Game

 IWG: Troy Han - Celebrating Women In Sport

 Save insight

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## New Zealand Names Third Ever Artistic Swimming Duo For Olympic Games

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Olympics 2024: Paris promised gender equality. Are TV commentators meeting that goal?

#### Voice & Visibility

## Olympics 2024: Paris promised gender equality. Are TV commentators meeting that goal?

<u>A level playing field: the case for investing in women's sport</u>  $\bigcirc$  Save insight

#### Voice & Visibility

## A level playing field: the case for investing in women's sport

Olympics 2024: Gold medallists Brooke Francis and Lucy Spoors on the challenges they faced

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## Olympics 2024: Gold medallists Brooke Francis and Lucy Spoors on the challenges they faced

PARIS OLYMPICS 2024 Paris Olympics: Kiwi diver Lizzie Roussel returns from baby hiatus to rekindle Olympic dream

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# PARIS OLYMPICS 2024 Paris Olympics: Kiwi diver Lizzie Roussel returns from baby hiatus to rekindle Olympic dream

Michele Kang Invests \$50 Million to Boost Women's Sports

₩ Save insight

## Michele Kang Invests \$50 Million to Boost Women's Sports

Aotearoa New Zealand Gender Attitudes Survey 2023

#### Voice & Visibility

## **Aotearoa New Zealand Gender Attitudes Survey 2023**

By Maddi Mclean - Sport New Zealand <u>2021 National Sport Club Survey - Female Friendly Environments</u> Save insight

Voice & Visibility

## 2021 National Sport Club Survey - Female Friendly Environments

By Maddi Mclean - Sport New Zealand <u>Men as Allies: supporting women and girls in community sport</u>

G Save insight

#### Voice & Visibility

#### Men as Allies: supporting women and girls in community sport

<u>Olympic wāhine winning streak makes powerful case for more funding for women's sport</u>

₩ Save insight

#### Voice & Visibility

## Olympic wāhine winning streak makes powerful case for more funding for women's sport

Eliza wants more than a last tango in Paris

## Voice & Visibility

## Eliza wants more than a last tango in Paris

Scotty's Spin: Where Is New Zealand's Investment In Women's Sport?

## Voice & Visibility

## Scotty's Spin: Where Is New Zealand's Investment In Women's Sport?

Women's Sports Trust: Report into the positive impact of women's sport sponsorship on brands

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₩ Save insight

#### Voice & Visibility

## In a league of her own: WISPA Foundation Member Toni Bruce wins major award

Invisibility of female participants in midlife and beyond in sport and exercise science research: a call to action Save insight

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## Invisibility of female participants in midlife and beyond in sport and exercise science research: a call to action

 Women coaches in Aotearoa New Zealand - Research

 Save insight

Voice & Visibility

## Women coaches in Aotearoa New Zealand - Research

Women's Ice Hockey on the Rise

Voice & Visibility

## Women's Ice Hockey on the Rise

SASS Talk: Olympic cyclist's hellish ride to Paris

#### Voice & Visibility

## SASS Talk: Olympic cyclist's hellish ride to Paris

Title IX was a game-changer, but women are still fighting for an equal playing field $\bigtriangleup$  Save insight

## Voice & Visibility

## Title IX was a game-changer, but women are still fighting for an equal playing field

New Zealander Rebecca Foulsham's key Paralympics role

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SASS Talk: Behind the scenes of the Paris Olympics

Save insight

### Voice & Visibility

## SASS Talk: Behind the scenes of the Paris Olympics

WomenzSports present's Alice's Soapbox: Ruahei Demant (Rugby 15's)

Save insight

## Voice & Visibility

## WomenzSports present's Alice's Soapbox: Ruahei Demant (Rugby 15's)

By Dani Marshall - Womenzsports <u>Auckland HEARTS recognised in Auckland Cricket's History</u> Save insight

Auckland HEARTS Capping

Voice & Visibility

## Auckland HEARTS recognised in Auckland Cricket's History

By Astrid van Uden - AucklandCricket.co.nz Lydia Ko within reach of golfing greats after staggering career earnings soar

₩ Save insight

## Voice & Visibility

## Lydia Ko within reach of golfing greats after staggering career earnings soar

 The Women in Sport Podcast - The Rugby League World Cup: A lasting legacy

 Save insight

## Voice & Visibility

## The Women in Sport Podcast - The Rugby League World Cup: A lasting legacy

Overcoming the obstacles: How New Zealand women have shone at the Olympic Games

## Voice & Visibility

## Overcoming the obstacles: How New Zealand women have shone at the Olympic Games

Paris 2024 Olympics: A new era for women in sport

## Paris 2024 Olympics: A new era for women in sport

What women want: A wishlist from Kiwi wāhine in sport

### Voice & Visibility

## What women want: A wishlist from Kiwi wāhine in sport

Yeah, Nah: Is Lydia Ko New Zealand's greatest ever sportsperson?

☆ Save insight

## Voice & Visibility

## Yeah, Nah: Is Lydia Ko New Zealand's greatest ever sportsperson?

CJ's Story Inspiring Inclusion

分 Save insight

CJ

Voice & Visibility

## **CJ's Story Inspiring Inclusion**

By Dantaye Simpson - Sport Manawatu <u>2023 Women's Sporting Landscape</u> Save insight

#### Voice & Visibility

## 2023 Women's Sporting Landscape

Who deserves New Zealand's highest sporting honour?

分 Save insight

## Voice & Visibility

## Who deserves New Zealand's highest sporting honour?

Revealed: Portia's next career step

☆ Save insight

## Voice & Visibility

## **Revealed: Portia's next career step**

By Suzanne McFadden - LockerRoom Lydia Ko's Cinderella story Save insight

### Lydia Ko's Cinderella story

Facts and figures: Women in sport

#### Voice & Visibility

## Facts and figures: Women in sport

## All Blacks v England: Sex act joke about female physio 'harassment'

Save insight

## Voice & Visibility

## All Blacks v England: Sex act joke about female physio 'harassment'

IWG: Amy Marfell - The Power of Digital Media for Everyday Activism and Advocacy

## Voice & Visibility

## IWG: Amy Marfell - The Power of Digital Media for Everyday Activism and Advocacy

IWG Muditambi Ravele - Visibility and Voice: Baby Steps Towards Changing Perceptions of Women Sport

## Voice & Visibility

## IWG Muditambi Ravele - Visibility and Voice: Baby Steps Towards Changing Perceptions of Women Sport

5 4 3 2 1 Paris: Jonelle Price

## Voice & Visibility

## 54321 Paris: Jonelle Price

Sail GP: how many women on the water this weekend?

## Voice & Visibility

## Sail GP: how many women on the water this weekend?

Taranaki Thunder bought by sports media company

없 Save insight

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## Taranaki Thunder bought by sports media company

Kiwi wins gold in groundbreaking women's event

☆ Save insight

#### Voice & Visibility

## Kiwi wins gold in groundbreaking women's event

Paris Olympics 2024: Full New Zealand schedule

Voice & Visibility

## Paris Olympics 2024: Full New Zealand schedule

Women in Sport Reports, Research and Expertise

#### Voice & Visibility

## Women in Sport Reports, Research and Expertise

5 4 3 2 1 Paris: Eva Morris and Nina Brown

#### Voice & Visibility

## 54321 Paris: Eva Morris and Nina Brown

The impact of uniform design on female athletes' confidence - Massey University

#### Voice & Visibility

## The impact of uniform design on female athletes' confidence - Massey University

Pioneer women surfers reflect on their struggle for recognition

#### Voice & Visibility

## Pioneer women surfers reflect on their struggle for recognition

Research Confirms Benefit of Increased Representation of Women on Boards

## Voice & Visibility

## **Research Confirms Benefit of Increased Representation of Women on Boards**

Paris Olympics throw spotlight on needs of athlete mothers $\bigtriangleup$  Save insight

#### Voice & Visibility

## Paris Olympics throw spotlight on needs of athlete mothers

Audio: Nicky van den Bos: On why people are reluctant to criticise women's sport?  $\overleftrightarrow$  Save insight

#### Voice & Visibility

## Audio: Nicky van den Bos: On why people are reluctant to criticise women's sport?

Basketball: Player payments double for Tauihi Basketball Aotearoa

#### Voice & Visibility

## Basketball: Player payments double for Tauihi Basketball Aotearoa

Survey: Consumers want brands to invest in women's sports

Save insight

Voice & Visibility

## Survey: Consumers want brands to invest in women's sports

FIFA Women's World Cup economic, social impact 'exceeded expectations' - report

## Voice & Visibility

## FIFA Women's World Cup economic, social impact 'exceeded expectations' - report

The Conversation of Sport - Are Women Visible in Sports News Coverage?

G Save insight

#### Voice & Visibility

## The Conversation of Sport - Are Women Visible in Sports News Coverage?

 The Women in Sport Podcast - Paris 2024 Olympic Preview: Tessa Sanderson

 Save insight

## Voice & Visibility

## The Women in Sport Podcast - Paris 2024 Olympic Preview: Tessa Sanderson

 The Women in Sport Podcast - Paris 2024 Olympic Preview: Joanna Rowsell

 Save insight

#### Voice & Visibility

## The Women in Sport Podcast - Paris 2024 Olympic Preview: Joanna Rowsell

Diversity and Inclusion Survey

### Voice & Visibility

## **Diversity and Inclusion Survey**

Super Rugby Aupiki: Blues co-captain Ruahei Demant pleads for greater funding in women's rugby

## Voice & Visibility

## Super Rugby Aupiki: Blues co-captain Ruahei Demant pleads for greater funding in women's rugby

UNESCO Report: Women and girls' access to sport still lagging far behind

☑ Save insight

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The ROI of Women's Sports: A Blueprint for Value Investing

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## The ROI of Women's Sports: A Blueprint for Value Investing

Dalton's special connection to Southland lives on through foundation's gift

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