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Sport as a Social Development Tool

Theme: Participation

Kirsten Spencer

Kirsten Spencer

Co-authored by Tristan Brotherton, NZ Touch

Auckland University of Technology



Tāmaki Touched sporting modules have been delivered to the Glen Innes community, engaging over 2100 participants. However, the sporting outcomes are secondary to the social outcomes of the programme.

Downloads & Resource Files

• <u>Sport as a Social Development Tool- Evaluating the Perceived Effectiveness of the Touch NZ Community Projects.pdf 3.2MB PDF</u>

Watch the video below to learn more



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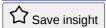
<u>Dame Noels: 'A huge cost on my career and life</u>



Participation

Dame Noels: 'A huge cost on my career and life

The rise of women's football in New Zealand



Participation

The rise of women's football in New Zealand

Good Practice Guide - Increasing participation of Muslim women and girls



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Good Practice Guide - Increasing participation of Muslim women and girls

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By Angela Walker - LockerRoom <u>Is Paris 2024 really achieving its goals for gender equality?</u>						

<u>Making sport inclusive: Free period products in clubs - report</u>

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Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



Participation

New legislation for gender identity and sex characteristics in Queensland sport

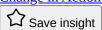
By Victoria University Melbourne Australia - Victoria University | Melbourne Australia Strength, power and aerobic capacity of transgender athletes: a cross-sectional study



Participation

Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football



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Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

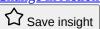
Change in Action Week - Innovative Impact FINALIST - Active Wāhine



Participation

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

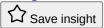
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



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Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

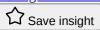
<u> Change in Action Week - Rangatahi FINALIST - Sylvia Brunt</u>



Participation

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

<u>Change in Action Week - Innovative Impact FINALIST - Wāhine Toa</u>



Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

Change in Action Week - Rangatahi Winner - Carmel College



Participation

Change in Action Week - Rangatahi Winner - Carmel College

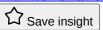
ADIDAS BREAKING BARRIERS RESEARCH



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ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

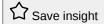


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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

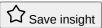
2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

2022 IWG: Christine Young - Integrity in HP Youth Sport

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

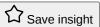
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



Participation

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

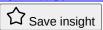
2022 IWG: Kirsten Spencer - Sport as a social development tool



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2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



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2022 IWG: Erin Hatton - Driving transformational change

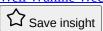
Understanding Period Poverty Infographic



Participation

Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators

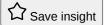


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Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand

Girls Smash Modified Girls Only Cricket Programme



Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket

<u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME

Netball Volunteer Programme



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Netball Volunteer Programme

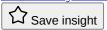
By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



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Mind. Set. Engage. Rugby's mental wellbeing programme.

Netball Player Development Programme



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Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

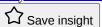
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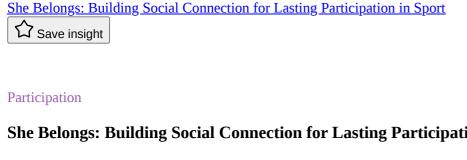
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Why Aussie women's sport needs to talk about fertility



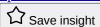
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Why Aussie women's sport needs to talk about fertility



She Belongs: Building Social Connection for Lasting Participation in Sport

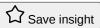
By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



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Sport for Sustainable Development: Designing Effective Policies and Programmes

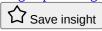
The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



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The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

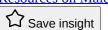
Huge uptick in girls and women playing football in New Zealand



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Huge uptick in girls and women playing football in New Zealand

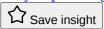
Resources on Male Allyship



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Resources on Male Allyship

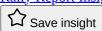
Rally Report Insights: Body Confidence



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Rally Report Insights: Body Confidence

Rally Report Insights: Mental Health



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Rally Report Insights: Mental Health

What type of uniforms do women want to wear when they referee or umpire sport?
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By Rachel Howells - Sport New Zealand
<u>Creating safe environments for young women to be active their way</u>
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By Rachel Howells - Sport New Zealand Köhine māia
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Kōhine māia
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For young women, by young women - WORD girls-only programme

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Not just for the "sporty", the Not-So-Sports-Club

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Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

Manawatū Cricket Association case study

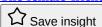
By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



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Backyard Smash & Sista Smash

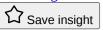
By Roxanna Holdworth - This is ME
The female-friendliness of New Zealand's tennis clubs



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

Removing Period Poverty As a Barrier to Participation

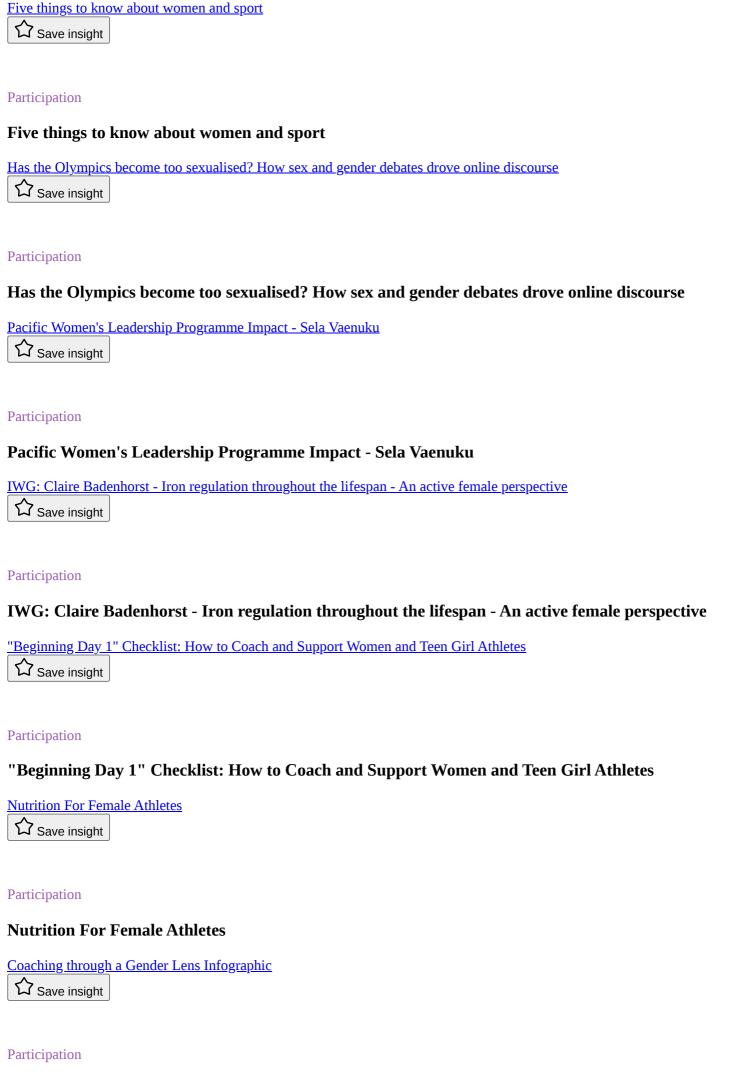
By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand

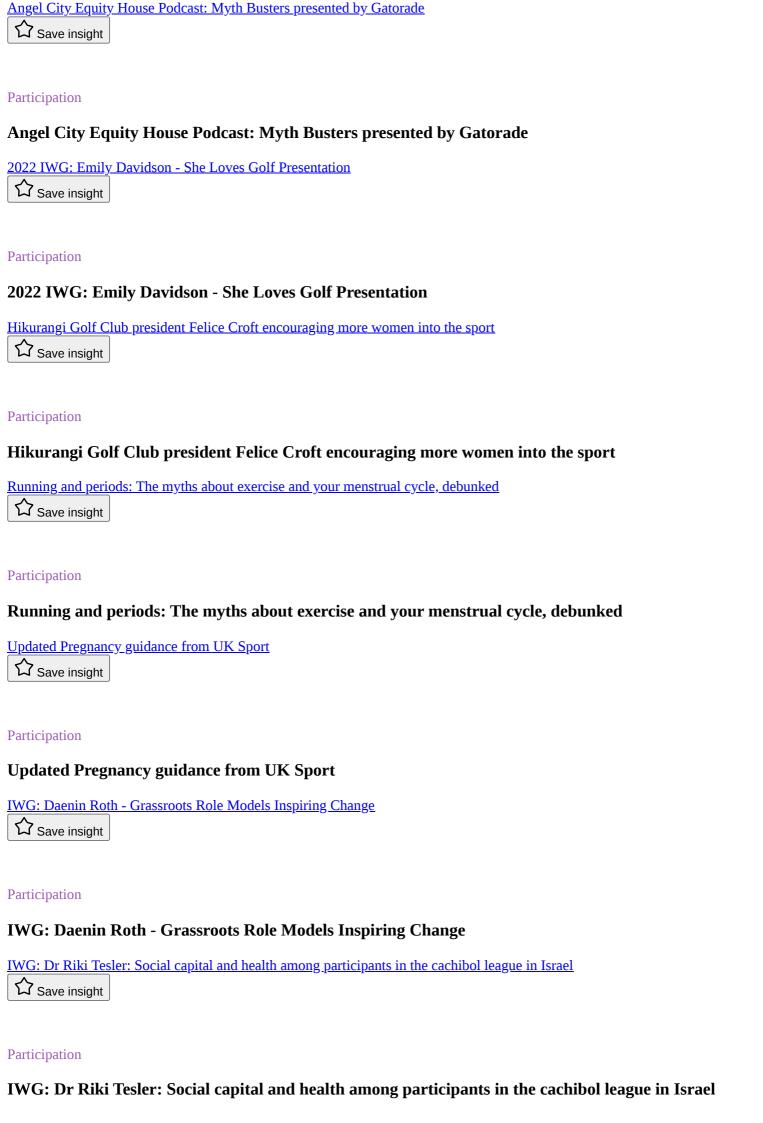


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Te Awamutu AFC starts 2024 off strong with growing demand



Coaching through a Gender Lens Infographic



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Young Women Profile - September 2021
IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls Save insight
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New Zealand Football Performance & Prevention - Considerations for Female Athletes Save insight
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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill Save insight

Save insight

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Co-Designing Effective Programmes for Young Girls: Insights and Principles

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

Young Women Profile - September 2021

Save insight

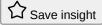


Participation

Participation

How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation <u>Empowering Disengaged Girls Through A Participant-Centered Programme</u>



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Empowering Disengaged Girls Through A Participant-Centered Programme By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide Save insight Women & Girls Facility Guide

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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

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Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

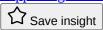
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



Participation

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



Participation

Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand
Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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