

Open search panel



Search

Search the Insight Hub...

Cancel

- [Insights](#)  
[Rangahau](#)
- [Events](#)  
[Hui](#)
- [Partnerships](#)  
[Rangapū](#)
- [Impact](#)  
[Whakaaweawe](#)
- About  
Mō Mātou
  - [Overview](#)
  - [History](#)
  - [Support](#)
-  [0](#)  
[Saved](#)

 [0](#) [Saved](#)

 EN 

- [Sign in](#)
- [Submit](#) 

Toggle navigation

[Submit](#) 



# Women & Girls Action Plan Roadmap to June 2024

Theme:  
Leadership

 Women & Girls Action Plan

 [Maddi Mclean](#)

[Maddi Mclean](#)

 Sport New Zealand

**In October 2018, the New Zealand Government launched a strategy to address the inequities women and girls experience in sport and recreation. On the same day, Sport NZ published 24 commitments – backed by \$12.7m investment – to deliver momentum to the collective action required to achieve this. Four years on, significant progress has been made. Aotearoa New Zealand is leading the way globally in terms of gender equity in sport and recreation. But there is more work to be done.**

## Our Roadmap to June 2024

Sport NZ has developed a Women and Girls Action Plan that sets out a practical roadmap for how, working together with the sector, we will continue making progress towards the three outcomes in the strategy – leadership, participation and value and visibility – until the end of Sport NZ’s 2020-2024 strategic period.

This Action Plan focuses on collaboration and was informed by successes and insights gathered internally and from across the sector to date. It builds on the progress made towards our original 24 commitments, which covered 2018 to 2022, and represents an evolution in our response to the Government's Women and Girls Strategy.

The Sport NZ Women and Girls Action Plan and its companion document show:

- the progress we’ve made towards achieving the outcomes in the strategy
- the actions Sport NZ is currently taking until the end of our strategic period
- the future shifts we would like to see within our sector for women and girls


Sport NZ has a vision for a sport and recreation system in which no one is missing out. This action plan focuses on collaboration and takes a systems approach to enabling changes that will make the biggest difference for women and girls and move us closer towards this vision.


[Click here](#) to read the full companion document. More downloads below.


For more information on how Sport NZ are supporting women and girls in sport and active recreation click [here](#).

## Downloads

- [Action Plan Our Roadmap to June 2024.pdf 610KB PDF](#)
- [At A Glance Infographic March 2023.pdf 80KB PDF](#)

  
Save this Insight

  
Print this Insight

  
Download Insight assets  
For use in your own documents

Was this Insight helpful?



Share this Insight

- [Facebook](#)
- [Twitter](#)
- [Email](#)
- [Copy this page's URL](#)

Save this Insight

Print this Insight

Download Insight assets



[Email this Insight](#)

Close 'Download Insight Assets' modal

## Download Insight assets

- [Women & Girls Action Plan.pdf](#)
- [Action Plan Our Roadmap to June 2024.pdf 610KB PDF](#)
- [At A Glance Infographic March 2023.pdf 80KB PDF](#)
- [Action Plan Sport NZ.jpg 80KB JPG](#)

Was this Insight useful?



## Similar Insights (132)

[Celebrating the Success of the Young Pacific Leaders Women's Sports Programme 2025](#)

Save insight

Leadership

### Celebrating the Success of the Young Pacific Leaders Women's Sports Programme 2025

By Merran Brockie-David - Women in Sport Aotearoa  
[Progressing gender equity in senior leadership: a systematic literature review](#)

Save insight

Leadership

### Progressing gender equity in senior leadership: a systematic literature review

[How rowing shapes resilient leaders](#)

☆ Save insight

Leadership

**How rowing shapes resilient leaders**

[Pacific Women’s Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga](#)

☆ Save insight

Leadership

**Pacific Women’s Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga**

[Young Pacific Leaders Women's Sports Programme - Week One Video](#)

☆ Save insight

Leadership

**Young Pacific Leaders Women's Sports Programme - Week One Video**

By Merran Brockie-David - Women in Sport Aotearoa  
[Sport Horizon UK’s Annual Training Plan – Free Download](#)

☆ Save insight

Leadership

**Sport Horizon UK’s Annual Training Plan – Free Download**

[Fresh off the Field podcast featuring WISPA CEO Nicky van den Bos](#)

☆ Save insight

Leadership

**Fresh off the Field podcast featuring WISPA CEO Nicky van den Bos**

[Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand](#)

☆ Save insight

Leadership

**Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand**

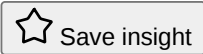
By Merran Brockie-David - Women in Sport Aotearoa  
[From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders](#)

☆ Save insight

Leadership

# From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders

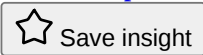
By Merran Brockie-David - Women in Sport Aotearoa  
[SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'](#)



Leadership

## SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'

[King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss to power forward with decades-long support of women’s sports](#)



Leadership

## King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss to power forward with decades-long support of women’s sports

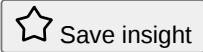
[Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions](#)



Leadership

## Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions

[Young Pacific Leaders Women’s Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport](#)



Leadership

## Young Pacific Leaders Women’s Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport

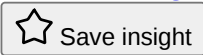
By Merran Brockie-David - Women in Sport Aotearoa  
[Marguerite delighted to receive New Year Honour](#)



Leadership

## Marguerite delighted to receive New Year Honour


By Steve Landells - Paralympics New Zealand  
[Roche relishing Boccia to Wheelchair rugby switch](#)



Leadership

## Roche relishing Boccia to Wheelchair rugby switch


By Steve Landells - Paralympics New Zealand  
[U.S. Soccer announces landmark \\$30 million donation for women's programme](#)

 Save insight

Leadership

**U.S. Soccer announces landmark \$30 million donation for women's programme**


[Champion coach's surprise pivot to the men](#)

 Save insight

Leadership

**Champion coach's surprise pivot to the men**


By Suzanne McFadden - LockerRoom  
[Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand](#)

 Save insight

Leadership

**Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand**


[Young Pacific Leaders Women's Sport Programme to empower emerging female leaders in the Pacific Islands](#)

 Save insight

Leadership

**Young Pacific Leaders Women's Sport Programme to empower emerging female leaders in the Pacific Islands**


By Merran Brockie-David - Women in Sport Aotearoa  
[Rise and Thrive: Empowering female coaches](#)

 Save insight

Leadership

**Rise and Thrive: Empowering female coaches**

[Young Pacific Leaders Women's Sports Programme](#)

 Save insight

Leadership

**Young Pacific Leaders Women's Sports Programme**

By Merran Brockie-David - Women in Sport Aotearoa  
[Football Victoria Making Change](#)

 Save insight

Leadership


**Football Victoria Making Change**  
[Female full-court press in basketball takeover](#)

 Save insight

Leadership

**Female full-court press in basketball takeover**


By Suzanne McFadden - LockerRoom  
[Change in Action Week - Innovative Impact FINALIST - Cambridge FC](#)

 Save insight

Leadership

**Change in Action Week - Innovative Impact FINALIST - Cambridge FC**


[Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa](#)

 Save insight

Leadership

**Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa**


[Change in Action Week - Dad's as Allies FINALIST - Dan Doland](#)

 Save insight

Leadership

**Change in Action Week - Dad's as Allies FINALIST - Dan Doland**


[Change in Action Week - Digital Innovation FINALIST - Brad Lenko](#)

 Save insight

Leadership

**Change in Action Week - Digital Innovation FINALIST - Brad Lenko**


[Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt](#)

 Save insight

Leadership

**Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt**

[Change in Action Week - Pioneer of Change FINALIST - Dino Michalakakis](#)

 Save insight



Leadership

**Change in Action Week - Pioneer of Change FINALIST - Dino Michalak**  
[Akarana Falcons front with all-female coaching staff](#)

 Save insight

Leadership

**Akarana Falcons front with all-female coaching staff**

[Change in Action Week - Dad's as Allies FINALIST - Tyson Waina](#)

 Save insight

Leadership

**Change in Action Week - Dad's as Allies FINALIST - Tyson Waina**

[Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart](#)

 Save insight

Leadership

**Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart**

[Change in Action Week - Pioneer of Change Winner - Kimberley Kan](#)

 Save insight

Leadership

**Change in Action Week - Pioneer of Change Winner - Kimberley Kan**

[Change in Action Week - Wāhine Toa Winner - Shanee Kiriau](#)

 Save insight

Leadership

**Change in Action Week - Wāhine Toa Winner - Shanee Kiriau**

[Change in Action Week - Dad's as Allies Winner - Ben Quane](#)

 Save insight

Leadership

**Change in Action Week - Dad's as Allies Winner - Ben Quane**


[Play to Lead: The Generational Impact of Sport on Women's Leadership](#)

 Save insight

Leadership

**Play to Lead: The Generational Impact of Sport on Women’s Leadership**

[Rise & Thrive Coaching Course - Manawatū](#)


 Save insight

Leadership

**Rise & Thrive Coaching Course - Manawatū**

By Merran Brockie-David - Women in Sport Aotearoa

[Whanake o te Kōpara - Four Year Impact Report](#)


 Save insight

Leadership

**Whanake o te Kōpara - Four Year Impact Report**

By Merran Brockie-David - Women in Sport Aotearoa

[NZC prioritise understanding of Female Athlete Health](#)


 Save insight

Leadership

**NZC prioritise understanding of Female Athlete Health**

By Jess Davidson - New Zealand Cricket

[Whanake o te Kōpara case study - Daneka Geaney-Jones](#)


 Save insight

Leadership

**Whanake o te Kōpara case study - Daneka Geaney-Jones**

By Merran Brockie-David - Women in Sport Aotearoa

[Gender Equity in Coaching Webinar](#)


 Save insight

Leadership

**Gender Equity in Coaching Webinar**

By Canadian Women & Sport - Canadian Women & Sport

[Women and Girls Referees: Building a Transformative Infrastructure](#)


 Save insight

Leadership

**Women and Girls Referees: Building a Transformative Infrastructure**

By Sarah Leberman MNZM - Women in Sport Aotearoa

[One woman, two chairs at top of NZ sport](#)

 Save insight

Leadership

**One woman, two chairs at top of NZ sport**  
[2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership](#)

 Save insight

Leadership

**2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership**


[Tātāwhāinga - Episode 10: Gender Equity](#)

 Save insight

Leadership

**Tātāwhāinga - Episode 10: Gender Equity**


By Erin Roxburgh - Women in Sport Aotearoa  
[Tātāwhāinga - Episode 9: Sport Leadership](#)

 Save insight

Leadership

**Tātāwhāinga - Episode 9: Sport Leadership**


By Erin Roxburgh - Women in Sport Aotearoa  
[Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation](#)

 Save insight

Leadership

**Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation**


By Erin Roxburgh - Women in Sport Aotearoa  
[Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1](#)

 Save insight

Leadership

**Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1**

By Erin Roxburgh - Women in Sport Aotearoa  
[Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes](#)

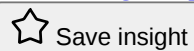
 Save insight

Leadership

**Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes**

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle](#)

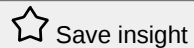


Leadership

## Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa

[The Aotearoa Legacy](#)

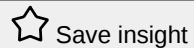


Leadership

## The Aotearoa Legacy

By Peta Forrest - Women in Sport Aotearoa

[Young Women's Leadership Programme](#)

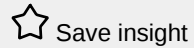


Leadership

## Young Women's Leadership Programme

By Sarah Leberman MNZM - Women in Sport Aotearoa

[IWG 2022 Progress Report](#)

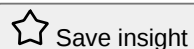


Leadership

## IWG 2022 Progress Report

By Robyn Cockburn - LUMIN

[Ako Wāhine: Journey of Learning](#)

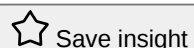


Leadership

## Ako Wāhine: Journey of Learning

By Heather Dawson - New Zealand Rugby

[Gender and Variation of Experience](#)

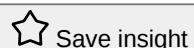


Leadership

## Gender and Variation of Experience

By Kirsten Spencer - Auckland University of Technology

[New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course](#)



Leadership

**New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course**

By Amy McClintock - Basketball New Zealand

[Most kids are only coached by men in junior sport – women need to be part of the picture, too](#)

☆ Save insight

Leadership

**Most kids are only coached by men in junior sport – women need to be part of the picture, too**

[Charmaine Smith cherishing opportunity to play international rugby](#)

☆ Save insight

Leadership

**Charmaine Smith cherishing opportunity to play international rugby**

[Professional athletes share the struggle of motherhood and their careers](#)

☆ Save insight

Leadership

**Professional athletes share the struggle of motherhood and their careers**

[Te Hāpaitanga’s role in advancing women in high performance coaching](#)

☆ Save insight

Leadership

**Te Hāpaitanga’s role in advancing women in high performance coaching**

[Keeping our Olympians cool, calm and bug-free](#)

☆ Save insight

Leadership

**Keeping our Olympians cool, calm and bug-free**

[King's Birthday honours](#)

☆ Save insight

Leadership

**King's Birthday honours**

[Case Study – Annalie Longo - LockerRoom](#)

☆ Save insight

Leadership

**Case Study – Annalie Longo - LockerRoom**

[LockerRoom Story: Case Study - Rushlee Buchanan](#)

☆ Save insight

Leadership

**LockerRoom Story: Case Study - Rushlee Buchanan**

[IWG: Mel Johnston - Women in Community Sport Club Leadership](#)

☆ Save insight

Leadership

**IWG: Mel Johnston - Women in Community Sport Club Leadership**

[Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand](#)

☆ Save insight

Leadership

**Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand**

[Young Women's Leadership Opportunity Provides Huge Value](#)

☆ Save insight

Leadership

**Young Women's Leadership Opportunity Provides Huge Value**

[Value of your network – Whanake o te Kōpara - Ellie Eastwood](#)

☆ Save insight

Leadership

**Value of your network – Whanake o te Kōpara - Ellie Eastwood**

[Chiefs create tie to assist women’s rugby in New Zealand and Japan](#)

☆ Save insight

Leadership

**Chiefs create tie to assist women’s rugby in New Zealand and Japan**

[Trailblazing surf star lines up new gig](#)

☆ Save insight

Leadership


**Trailblazing surf star lines up new gig**  
[Sport NZ announces 2024 Sport And Recreation Award Winners](#)

 Save insight

Leadership

**Sport NZ announces 2024 Sport And Recreation Award Winners**


[Women in Sport Recruitment and Retention Guidelines](#)

 Save insight

Leadership

**Women in Sport Recruitment and Retention Guidelines**


[Pacific Leadership Programme - Impacting Pacific Women & Girls](#)

 Save insight

Leadership

**Pacific Leadership Programme - Impacting Pacific Women & Girls**

By Merran Brockie-David - Women in Sport Aotearoa  
[Gender Equity is Good Governance – Lessons from the Sport Sector](#)

 Save insight

Leadership

**Gender Equity is Good Governance – Lessons from the Sport Sector**


[IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts](#)

 Save insight

Leadership

**IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts**


[IWG: Emma Evans - Advancing leadership across the Pacific](#)

 Save insight

Leadership

**IWG: Emma Evans - Advancing leadership across the Pacific**

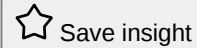
[2022 IWG Lightning Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.](#)

 Save insight

Leadership

## **2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision.**

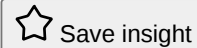
[Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys](#)



Leadership

## **Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys**

[Strategies that Male Allies Use to Advance Women in the Workplace](#)



Leadership

## **Strategies that Male Allies Use to Advance Women in the Workplace**

[Trailblazing basketballer making history in All Blacks management](#)



Leadership

## **Trailblazing basketballer making history in All Blacks management**

[REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE](#)

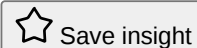


Leadership

## **REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE**

By Sarah Leberman MNZM - Women in Sport Aotearoa

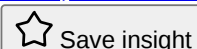
[Kiwi breaks the grass ceiling](#)



Leadership

## **Kiwi breaks the grass ceiling**

[Grief, recriminations, then gold: How the wheel has turned for Cycling NZ](#)



Leadership

## **Grief, recriminations, then gold: How the wheel has turned for Cycling NZ**

[Pacific Women's Leadership Programme - Host organisation impact](#)





Leadership

Pacific Women's Leadership Programme - Host organisation impact

By Merran Brockie-David - Women in Sport Aotearoa

[Women, Sport & Governance](#)

☆ Save insight

Leadership

Women, Sport & Governance

[Ann Downey: Great female coaches are there, they just need to be asked](#)

☆ Save insight

Leadership

Ann Downey: Great female coaches are there, they just need to be asked

[The Reykjavík Index for Leadership](#)

☆ Save insight

Leadership

The Reykjavík Index for Leadership

['I'm saying this for the first time': AB's manager's road to the top](#)

☆ Save insight

Leadership

'I'm saying this for the first time': AB's manager's road to the top

[Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager](#)

☆ Save insight

Leadership

Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager

[Lisa O'Keefe: Uniting women’s sport across the world \(Podcast\)](#)

☆ Save insight

Leadership

Lisa O'Keefe: Uniting women’s sport across the world (Podcast)

[Sports Management Training Programme empowering women in Africa](#)

☆ Save insight

Leadership

**Sports Management Training Programme empowering women in Africa**

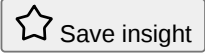
[Bringing Gender in Tool](#)



Leadership

**Bringing Gender in Tool**

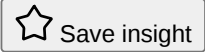
[Celebrating Champions of Change: Helene Wilson](#)



Leadership

**Celebrating Champions of Change: Helene Wilson**

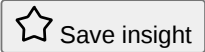
[How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?](#)



Leadership

**How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?**

[Celebrating Champions of Change: Rebecca Rolls](#)



Leadership

**Celebrating Champions of Change: Rebecca Rolls**

[Pacific Women's Leadership impact: Pualele Craig](#)

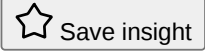


Leadership

**Pacific Women's Leadership impact: Pualele Craig**

By Merran Brockie-David - Women in Sport Aotearoa

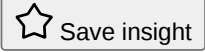
[5 4 3 2 1 Paris: Luuka Jones](#)



Leadership

**5 4 3 2 1 Paris: Luuka Jones**

[Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei](#)



Leadership

**Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei**  
[IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women](#)

☆ Save insight

Leadership

**IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women**

[Launch of Basketball New Zealand Emerging Leaders Programme!](#)

☆ Save insight

Leadership

**Launch of Basketball New Zealand Emerging Leaders Programme!**

[Wonder Women: Women Who Lead initiative launched](#)

☆ Save insight

Leadership

**Wonder Women: Women Who Lead initiative launched**

[IWG: Michelle DeHighden - Developing our NextGEN Female Coaches](#)

☆ Save insight

Leadership

**IWG: Michelle DeHighden - Developing our NextGEN Female Coaches**

[Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion](#)

☆ Save insight

Leadership

**Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion**

[Black Ferns leader’s momentous rugby deal](#)

☆ Save insight

Leadership

**Black Ferns leader’s momentous rugby deal**

[Supporting good governance through board gender diversity](#)

☆ Save insight

Leadership

**Supporting good governance through board gender diversity**  
[Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple](#)

☆ Save insight

Leadership

**Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple**

[New research reveals how sports clubs manage integrity issues - AUT](#)

☆ Save insight

Leadership

**New research reveals how sports clubs manage integrity issues - AUT**

[Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions](#)

☆ Save insight

Leadership

**Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions**

[Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions](#)

☆ Save insight

Leadership

**Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions**

[IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot](#)

☆ Save insight

Leadership

**IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot**

[Enhancing Participation Pathways for Women Coaches in Community Sport](#)

☆ Save insight

Leadership

**Enhancing Participation Pathways for Women Coaches in Community Sport**

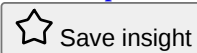
[A development experience to remember](#)

☆ Save insight

Leadership

## A development experience to remember

[A development experience to remember](#)



Leadership

## A development experience to remember

[Parents Guide to getting young women and girls physically active](#)



Leadership

## Parents Guide to getting young women and girls physically active

By Briana irving - Aktive - Auckland Sport & Recreation

[HERA Coaching Young Women and Girls Toolkit](#)

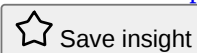


Leadership

## HERA Coaching Young Women and Girls Toolkit

By Briana irving - Aktive - Auckland Sport & Recreation

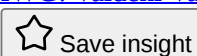
[IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports](#)



Leadership

## IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports

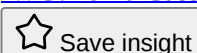
[IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports](#)



Leadership

## IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports

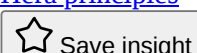
[IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.](#)



Leadership

## IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.


[Hera principles](#)



Leadership

Hera principles


By Briana iring - Aktive - Auckland Sport & Recreation  
[IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports](#)

 Save insight

Leadership

IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports


[IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing](#)

 Save insight

Leadership

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing


[IWG: Akane Mikura - JBA progress of developing women coach](#)

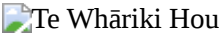
 Save insight

Leadership

IWG: Akane Mikura - JBA progress of developing women coach

[Te Whāriki Hou- Te Mana o te Wahine](#)


 Save insight



Leadership

Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand  
[IWG: Dr Lana McCarthy There’s No One Way To Coach: Practitioner’ Perspectives On Team Leadership And Culture](#)

 Save insight

Leadership

IWG: Dr Lana McCarthy There’s No One Way To Coach: Practitioner’ Perspectives On Team Leadership And Culture

[Cycling great dodges potholes in life after sport](#)

 Save insight

Leadership


Cycling great dodges potholes in life after sport

[Fern juggles player and coach roles](#)

 Save insight

Leadership


**Fern juggles player and coach roles**  
[Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!](#)

 Save insight

Leadership

**Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!**


[Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report](#)

 Save insight

Leadership

**Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report**


By Rachel Howells - Sport New Zealand  
[Improving Women’s Experiences of Mentorship in Canadian Coaching](#)

 Save insight

Leadership

**Improving Women’s Experiences of Mentorship in Canadian Coaching**


[Playing Sports May Be The Secret To Women’s Career Success](#)

 Save insight

Leadership

**Playing Sports May Be The Secret To Women’s Career Success**


[Nuku Ora W&G Week Collaboration Session](#)

 Save insight

Leadership

**Nuku Ora W&G Week Collaboration Session**




By Lily Joiner - Nuku Ora  
[Whanake o te Kōpara - Impacting young wāhine](#)

 Save insight

Leadership

**Whanake o te Kōpara - Impacting young wāhine**

## Our Partners

-  Sport NZ
-  NZ Foreign affairs and trade
-  US Embassy NZ

[Women in Sport Aotearoa Insight Hub](#) | [Ngā Wāhine Hākinakina o Aotearoa](#)

-  [Facebook](#)
-  [Instagram](#)
-  [Linkedin](#)
-  [TikTok](#)
-  [YouTube](#)
- [Contact](#)
- [FAQs](#)
- [Privacy policy](#)
- [Terms of use](#)

© 2025 Women in Sport Aotearoa

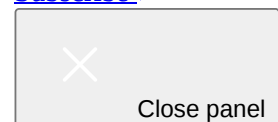
## Subscribe to our newsletter


Receive the latest news, events and insights as we publish them.

Name:

Email:

[Subscribe](#) >



 Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

## Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First name:\*

Email:\*

## Preferences

Select those that apply to you to help us customise your Insight Hub experience.

### Insight Themes

- ☒ All
- ☒ Leadership
- ☒ Social Change
- ☒ Active Lives
- ☒ High Performance
- ☒



Insight Content Types

- ☒ All
- ☒ Research
- ☒ Case studies
- ☒ News stories
- ☒ Toolkits

Subscribe now >